

COLLEYVILLE HERITAGE PANTHER BAND



Fall 2023 “Kick Off” Meeting



AGENDA

- Welcome
- Introductions
- Spring Update
- Basic Program Information and Misc. Items
- Basic Calendar
- Show and Tour Information
- Booster Information
- Fellowship and Goodbye!
- ***Directors will be available for individual questions at the end 😊***





COLLEYVILLE HERITAGE BAND LEADERSHIP

- Director of Bands
 - Gary R Barnard
- Associate Directors
 - Cody Haddock
 - Nick Beaudet
 - Dr. Martin Godoy
- Adjunct Staff
 - Dan Darrah
 - Tony Luna
 - Jeremy Troche
- Middle School Directors, Private Lesson Teachers, Student Teachers, Mentors, and More!



WELCOME MS. BEER!



SPRING UPDATE



- Concert Bands – DISNEY! UIL Results! Wind Ensemble and Honor Band Process!
- Diamonds – UNDEFEATED Class Champions in NTCA!!
- Percussion – North Texas Percussion Festival – Ensemble ‘Crown of Thorns’ 1st Place!
- Jazz – APEX Jazz Festival selected performing group! Collin Jazz Festival - 8 outstanding performers
- Remaining Performances
 - Spring Concert
 - Wind Ensemble - Friends and Family Performance and Director’s Choice Festival
 - Night of Drumming
 - Solo Recital
 - Music Merit Recital
 - Marimba Recital
 - Graduation
- Check out our calendar!





OUR MISSION...

- *Be Present. Be Kind. Work Hard. Be Superior, Always. Make Memories.*
- Use Music and Band to...
 - Create Positive, Life Changing **Memories**
 - Create Life Long **Music Appreciators**
 - Create Contributing Members of Society and **Good Citizens**
- Music and Band is...
 - A **Safe** Place for **ALL**
 - A **Family**
 - **Educational** through Performance and Competition
 - Local, Regional, State, and National Levels
- **FUN** through fellowship, hard work, performance, and competition!





WHY BAND?

- Our student performers are the **BEST!**
- Largest Co-Ed organization at CHHS
 - 170 + strong!
 - “Built in” **FAMILY** from day 1
- Creating Leaders for **NOW** and the **FUTURE**
 - Time Management
 - Rigor and Grit
 - Opportunities
- Dozens of **Performances** and **Travel** each year!!
 - Varsity Football Games
 - Contests and Concerts
 - Disney, San Antonio, Branson, Corpus Christi, Indianapolis, and more!





OUR PROGRAM...

- Offerings:
 - Panther Marching Band
 - 3 Concert Bands
 - 2 Jazz Bands
 - Applied Music
 - Multiple Percussion Ensembles
 - Colorguard and Winterguard
 - Pep Band
 - Musical Orchestra
 - AP Music Theory
 - AND MORE...





OUR PROGRAM...

- “Arc” of the Year
 - Fall Marching Band / All State Preparation
 - All State Auditions / Winter Concert Music / Spring Auditions
 - UIL Concert and Sight Reading Music / Solo and Ensemble / Winterguard
 - Spring Concert Music / Graduation Music / Fall Auditions
 - Summer Marching Band
 - REPEAT 😊





MAY TRAINING SESSIONS & REGISTRATION NIGHTS

- Week of May 15-19
- 4:30 to 6:30PM
 - All Winds, Percussion, Diamonds
 - CHHS PAC, Practice Field, Band Hall, Etc.
 - Athletic Clothes, Water JUG – No instruments!
- Please consider these sessions “required” – the more you attend, the better!
 - *Don't stress about missing one due to MIDDLE SCHOOL SPRING CONCERTS*
- Registration will be during and after these rehearsals – Booster will share details shortly!





BAND CAMP 1

- CHHS Band Hall, PAC, Practice Fields
 - Good work in early summer leads to an easier July and August
 - Helps determine how many “dots” in the Varsity Production and Spirit Show
- May 30 and 31
 - Block 1 – 7:00 to 10:30AM
 - Lunch (Not Provided) – 10:30AM to 12:00PM
 - Block 2 – 12:00 to 3:30PM
- June 1
 - Block 1 – 7:00 to 10:30AM
 - Lunch (Not Provided) – 10:30AM to 12:00PM
 - Block 2 – Band Olympics - 12:00 to 2:00PM
- June 2 – **PERCUSSION and DIAMONDS**
 - Block 1 – 7:00 to 10:30AM, Block 2 – 12:00 to 3:30PM
- Misc.
 - Letter Jacket Fittings – May 30 at 4:00PM
 - Junior taking PSAT prep classes? Take the PM session and email Mr. Barnard
 - Taking Summer School? Email Mr. Barnard





BAND CAMP 1 – BRASS AND WOODWIND SUPPLIES

- BLACK Binder with Cover Sheet Holder / Sheet Protectors
- Pencils / Highlighter
- Athletic shorts and shoes
- Plain White T-shirts
- Hat, sunglasses, sunscreen
- Instrument, Instrument Equipment / Supplies
- Breathing tube (Brass and Woodwinds Only...)
 - ½ inch size from Lowe's
- Water Jug (Extra Purchase with Registration)
- Open mind and a great attitude!
- *Diamonds and Percussion – Check with your Staff!*



SOUNDS OF SUMMER

- Select Mondays during the summer
 - Region Jazz Sectionals / Other Rehearsals – Times TBD
 - Crew Work Days – Times TBD
 - **Full Band Rehearsal – 6:00 to 8:00PM**
 - Social Activity Afterwards
- Dates
 - June 5, 12, 19
 - July 10, 17
- In Town? Consider it “required” and be here with us!





OTHER SUMMER ACTIVITIES

- Consider attending
 - Private Lessons (Mondays at CHHS)
 - College Camps
 - Masterclasses
 - Drum Corps International Events
 - Etc.
- Interested? The Directors can help!





PERCUSSION, DIAMONDS, LEADERSHIP CAMPS

- Week of July 17
 - “Jump Start” the season
- **Percussion – Monday – Friday 8:00-4:00**
 - Block 1 – 8:00-11:30AM
 - Lunch (on your own)– 11:30AM-1:00PM
 - Block 2 – 1:00-4:00PM
- **Diamonds- Monday- Friday 8:00-4:00**
 - Block 1 – 8:00-11:30AM
 - Lunch (on your own)– 11:30AM-1:00PM
 - Block 2 – 1:00-4:00PM





BAND CAMP 2 - WEEK 1

- CHHS Band Hall, PAC, Practice Field, Etc.
- Week of July 24-28
- Monday through Friday
 - Block 1 – 7:00 to 10:30AM
 - Lunch (Not Provided) – 10:30AM to 12:00PM
 - Block 2 – 12:00 to 3:30PM
- Fundamentals and Spirit Show Focused





BAND CAMP 2 - WEEK 2

- CHHS Band Hall, PAC, Practice Field, Etc.
- Week of July 31 – August 5
- Monday through Friday
 - Block 1 – 7:00 to 10:30AM
 - Lunch (Not Provided) – 10:30AM to 12:00PM
 - Block 2 – 12:00 to 3:30PM
- Addition to TUESDAY and THURSDAY
 - Dinner (Not Provided) – 3:30 to 5:15PM
 - Block 3 – 5:15 to 8:00PM
- Saturday
 - Block 1 – 7:00 to 10:00AM
- Contest Show Focused!



BAND CAMP 2 — WEEK 3

- CHHS Band Hall, PAC, Practice Field, Etc.
- Week of August 7-12
- Monday through Friday
 - Block 1 – 7:00 to 10:30AM
 - Lunch (Not Provided) – 10:30AM to 12:00PM
 - Block 2 – 12:00 to 3:30PM
- **Addition to TUESDAY and THURSDAY**
 - Dinner (Not Provided) – 3:30 to 5:15PM
 - Block 3 – 5:15 to 8:00PM
- Teachers in “Inservice” during the day
 - Day and/or Evening Rehearsals – Depends on administration schedule!
 - All Region Master Classes
 - If anything, time blocks will be REMOVED from this week
- August 12
 - Uniform Fittings
 - DCI World Championships “Watch Party”
 - **Panther Pride Night – Panther Band Debut Community Debut!**





LEVELS IN MARCHING BAND

- Not feasible for everyone to get their own "dot" in Contest Show
 - Attendance, Academics, Attitude, Ability, Etc.
- Audition - During Band Camp 2
 - Perform a Visual and Music exercise for Assessment
 - Material will be taught in May and June
- Assessed and Assigned by Staff
 - Varsity Performer
 - Junior Varsity / "Under Study"
 - Stage crew member
- Everyone performs at ALL football games (Drill Team and Spirit Show)! Everyone goes to ALL contests!!!
- Create the best fit for each student's abilities

- *Percussion and Colorguard is set separately*





“NORMAL” SCHOOL WEEK

- Monday – Normal 1st Period (All State Masterclasses) / Marching 4:45 to 7:45PM
- Tuesday – Marching 7:10 to 9:10AM
- Wednesday – Marching 7:10 to 9:10AM
- Thursday – Marching 7:10 to 9:10AM
- Friday - Marching 7:10 to 9:10AM - “EPL” after school
- Fridays and Saturdays – **PERFORM!**

Subject to change based on the schedule of the week – use the calendar!





FALL CLASSES

- 0/1 – All Bands and Diamonds
- 2 – Applied Music
- 4 – Percussion
- 5 – Jazz 1
- 6 – Jazz 2

March auditions determine marching band “part” and Winter Concert band splits

Classes are divided by REaudition for the Spring semester



PREFERRED TUTORIAL TIMES...

- Monday
 - Morning
 - Afternoon (short)
- Tuesday – Thursday
 - Afternoon
- Fridays
 - Maybe during EPL (REALLY short) 😊

Teachers / Departments **should** have morning and afternoon tutorial times – let us know how we can help!

We have some of the smartest kids in the school – peer tutoring also available!

No obligation – Mrs. Barnard and Chelsea Hall tutoring!





A WORD ABOUT ATTENDANCE...

- Please consider all events “required”
 - Doctor’s appointments, etc. / Illness vs. Allergies vs. Tired, etc.
 - Check the handbook on how attendance impacts “spots.” We will talk more at Band Camp 1.
- Communication can help get through overlapping with other CHHS events
 - We get along really with the coaches and sponsors at CHHS
 - Athletes, start looking at both calendars now!
 - We are here to work with you all
- Live music takes live musicians working together at the same time!





BAND CAMP 2 - BRASS AND WOODWIND SUPPLIES

- Similar to Band Camp 1
- BLACK Binder (with Cover Sheet) / Sheet Protectors
- Pencils / Highlighter
- Athletic shorts and shoes
- Plain White T-shirts
- Hat, sunglasses, sunscreen
- Instrument, Instrument Equipment / Supplies
- Breathing tube (Brass and Woodwinds Only...)
 - ½ inch size from Lowe's
- Water Jug (Extra Purchase thru Registration)
- Open mind and a great attitude!
- *Diamonds and Percussion – Check with your Staff!*





SUPPLIES (CONT...)

- Shaving Supplies
- Black Hair Ties / Headbands (Black) / Bobby Pins
- Hairspray
- Nail Polish Remover / Make Up Remover
- Tall Black Socks (Fall) / Short Black Socks (Summer)



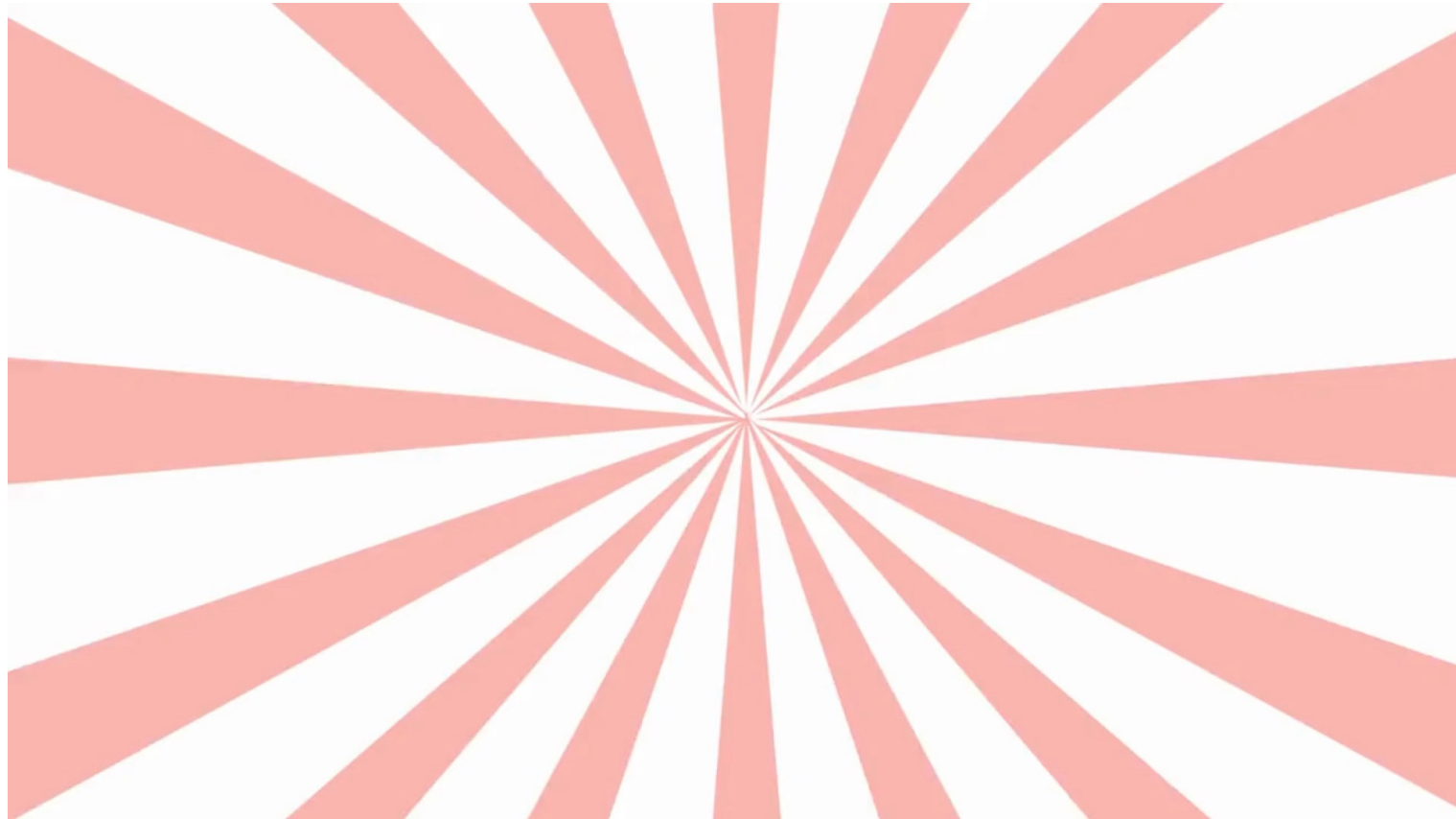


SUPPLIES (CONT...)

- Extra Investment for New Performers...
 - Water Jug and Cover
 - Show Shirt
 - Spirit Uniform Shirt
 - Spirit Uniform Athletic Shorts
 - Spirit Uniform Visor
 - Band Hoody
 - Member Jacket
 - Marching Shoes
 - Garment Bag
 - Etc.
- School Owned Instrument Rentals (Marching and Concert Band – in Skyward)
- Older performers – are these items still in good shape / fit? If not you **MUST REORDER!**



THE 2023 PRODUCTION





THE 2023 PRODUCTION





POP!

- “99 Red Balloons” - Goldfinger
- “Urban Dances” – Richard Danielpour
- “Aerials” – System of a Down
- “Moanin’” – Bobby Timmons
- “Blow It Up / Start Again” – Jonathan Newman



POP!





POP!

POP!

- A new look for the 2023 production!





THE TOUR – FOOTBALL SCHEDULE

- Friday, August 25 – Home vs. Nimitz
- Friday, September 1 – Home vs. Texas (Senior Night)
- Friday, September 8 – Homecoming vs. Ennis
- Friday, September 22 – Home vs. Trimble Tech
- Friday, September 29 – RED RAIL vs. Grapevine (We are AWAY)
- Saturday, October 7 – Away vs. Southwest (Pep Band)
- Friday, October 13 – Home vs. Arlington Heights (Cancer Awareness)
- Saturday, October 21 – Away vs. Northside (Pep Band)
- Friday, October 27 – Home vs. Polytechnic (Military Appreciation)
- Thursday, November 2 – Away vs. OD Wyatt
- PLAYOFFS – Let's Go – We love football in December!





THE TOUR — CONTESTS / PERFORMANCES

- Saturday, SEPTEMBER 23 – Mansfield Preview of Champions
- Saturday. SEPTEMBER 30 – Bands of America – Midland Regional
- Tuesday. OCTOBER 3 – GCISD Band Showcase
- Saturday, OCTOBER 14 – Birdville Marching Festival
- Tuesday, OCTOBER 17 – UIL Region 31 Marching Assessment
- Saturday, OCTOBER 28 – UIL Area F Marching Contest
- Tuesday, NOVEMBER 6 – UIL 5A State Marching Contest



THE “S” WORD...

- We expect to advance to the UIL State Marching Contest every year!
 - YES – every year starting this year!
- Our focus is on good work all season and our best, MOST SUPERIOR performance at AREA FINALS.
- You won’t hear the staff talk about STATE much more after tonight 😊





SPRING 2024 TRAVEL

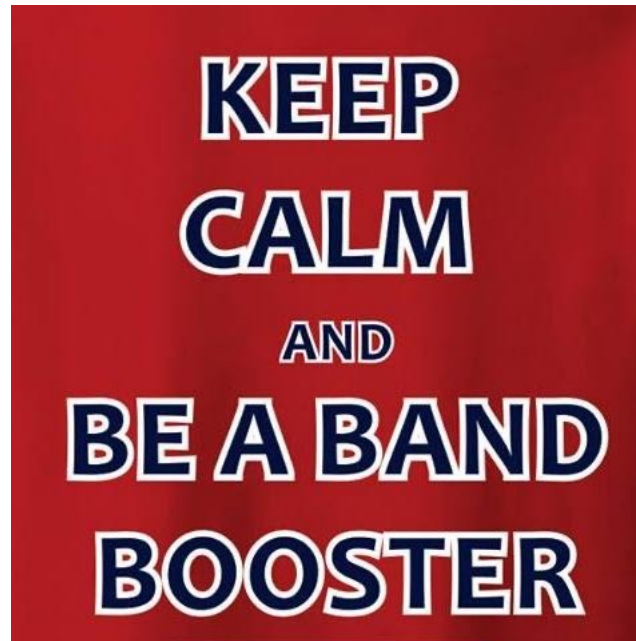
- Currently looking at two options...
 - **Nashville**
 - **Indianapolis**
- Musical, Educational, and Social in nature!
- It depends on Wind Ensemble recording results! We won't make promises we can't keep!





BOOSTERS

- Please welcome our WONDERFUL Boosters!





BALANCE

- We work well with students that engage in multiple activities on campus!
 - We have just about every academic and athletic program represented in our band!
- We encourage well rounded student musicians!
 - We look for equal participation
 - COMMUNICATION and ORGANIZATION is critical!





WELLNESS

- Band members are MUSICAL ATHLETES! Get outside this summer and move! Sweat! Get tan! Hydrate!
- August we will be easier if you do :)



PHYSICALS



- All Students need to have an updated physical on file before Band Camp 2 rehearsals start in late July
- CHHS is offering a physical day on **May 19, 4-6pm, \$20** in the PAC

PREPARTICIPATION PHYSICAL EVALUATION – MEDICAL HISTORY 2017

This **MEDICAL HISTORY FORM** must be completed annually by parent (or guardian) and student in order for the student to participate in athletic activities. These questions are designed to determine if the student has developed any condition which would make it hazardous to participate in an athletic event.

Student's Name (print) _____ Sex _____ Age _____ Date of Birth _____
 Address _____ Phone _____
 Grade _____ School _____ Phone _____
 Personal Physician _____
 In case of emergency, contact: _____
 Name _____ Relationship _____ Phone (H) _____ (W) _____

Explain "Yes" answers in the box below**. Circle questions you don't know the answers to.

- Have you had a medical illness or injury since your last check-up or sports physical? Yes No
- Have you been hospitalized overnight in the past year? Yes No
- Have you ever had surgery? Yes No
- Have you ever had prior testing for the heart induced by a physician? Yes No
- Have you ever passed out during or after exercise? Yes No
- Have you ever had chest pain during or after exercise? Yes No
- Do you get tired more quickly than your friends do during exercise? Yes No
- Have you ever had racing of your heart or skipped heartbeats? Yes No
- Have you had high blood pressure or high cholesterol? Yes No
- Have you ever been told you have a heart murmur? Yes No
- Has any family member or relative died of heart problems or of sudden unexpected death before age 50? Yes No
- Has any family member been diagnosed with enlarged heart, (clinical cardiomyopathy), hypertrophic cardiomyopathy, long QT syndrome or other ion channelopathy (Brugada syndrome, etc), Marfan's syndrome, or abnormal heart rhythm? Yes No
- Have you had a recent viral infection (for example, measles, mumps, chickenpox, or mononucleosis) within the last month? Yes No
- Has a physician ever diagnosed or restricted your participation in sports for any heart problems? Yes No
- Have you ever had a head injury or concussion? Yes No
- Have you ever been knocked out, become unconscious, or lost your memory? Yes No
- If yes, how many times? _____
- When was your last concussion? _____
- How severe was each one? (Explain below) _____
- Have you ever had a seizure? Yes No
- Do you have frequent or severe headaches? Yes No
- Have you ever had numbness or tingling in your arms, hands, legs or feet? Yes No
- Have you ever had a stinger, burner, or pinched nerve? Yes No
- Are you missing any paired organs? Yes No
- Are you under a doctor's care? Yes No
- Are you currently taking any prescription or non-prescription (over-the-counter) medication or pills or using an inhaler? Yes No
- Do you have any allergies (for example, to pollen, medication, food, or stinging insects)? Yes No
- Have you ever been dizzy during or after exercise? Yes No
- Do you have any current skin problems (for example, itching, rashes, sores, warts, freckles, or blisters)? Yes No
- Have you ever become ill from exercising in the heat? Yes No
- Have you ever had any problems with your eyes or vision? Yes No

13. Have you ever gotten unexpectedly short of breath with exercise? Yes No

14. Do you have asthma? Yes No

15. Do you have seasonal allergies that require medical treatment? Yes No

16. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, restraint on your teeth, hearing aid)? Yes No

17. Have you ever had a sprain, strain, or swelling after injury? Yes No

18. Have you broken or fractured any bones or dislocated any joints? Yes No

19. Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints? Yes No

If yes, check appropriate box and explain below:

<input type="checkbox"/> Head	<input type="checkbox"/> Elbow	<input type="checkbox"/> Hip
<input type="checkbox"/> Neck	<input type="checkbox"/> Ankle	<input type="checkbox"/> Thigh
<input type="checkbox"/> Back	<input type="checkbox"/> Wrist	<input type="checkbox"/> Knee
<input type="checkbox"/> Chest	<input type="checkbox"/> Hand	<input type="checkbox"/> Shin/Calf
<input type="checkbox"/> Shoulder	<input type="checkbox"/> Finger	<input type="checkbox"/> Ankle
<input type="checkbox"/> Upper Arm	<input type="checkbox"/> Foot	

20. Do you wear a weight more or less than you do now? Yes No

21. Do you feel stressed out? Yes No

22. Have you ever been diagnosed with or treated for sickle cell trait or cell disease? Yes No

Female Only

19. When was your first menstrual period? _____

When was your most recent menstrual period? _____

How much time do you usually have from the start of one period to the start of another? _____

How many periods have you had in the last year? _____

What was the longest time between periods in the last year? _____

Male Only

20. Do you have testicles? Yes No

21. Do you have any testicular swelling or pain? Yes No

An individual answering to the affirmative to any question checking to a positive condition under health care requires three observations, or affidavits on the form, made by certified team leader participants and the individual's consent and approval by a physician, physician assistant, nurse practitioner, or nurse.

****EXPLAIN "YES" ANSWERS IN THE BOX BELOW (attach another sheet if necessary).**

It is understood that, even though protective equipment is worn by the athlete, whenever needed, the possibility of an accident still remains. Neither the University Interscholastic League nor the school assumes any responsibility in case of an accident occur.

If it is the judgment of any representative of the school, the doctor, either should need, immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given and ordered by any physician, athletic trainer, nurse or school representative. I do hereby agree to indemnify and save harmless the school and any school or hospital against any claims or losses or expenses or costs of such care and treatment of said student.

If, between this date and the beginning of athletic competition, my illness or injury should occur that may limit this student's participation, I agree to notify the school authorities of such illness or injury.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. Failure to provide truthful responses could subject the student in question to penalties determined by the IUI.

Student Signature _____ Date _____
 Parent/Guardian Signature _____ Date _____

Are You Answer to questions 1, 2, 3, 4, 5, or 6 a request for further medical evaluation which may include a physical examination. Written clearance from a physician, physician assistant, chiropractor, or nurse practitioner is required before any participation in IUI practices, games or matches. THIS FORM MUST BE ON FILE PRIOR TO PARTICIPATION IN ANY PRACTICE, SCRIMMAGE OR CONTEST BEFORE, DURING OR AFTER SCHOOLS.

For School Use Only

This Medical History Form was reviewed by: Printed Name _____ Date _____ Signature _____

PREPARTICIPATION PHYSICAL EVALUATION – PHYSICAL EXAMINATION

Student's Name _____ Sex _____ Age _____ Date of Birth _____

Height _____ Weight _____ % Body fat (optional) _____ Pulse _____ BP _____
(Include blood pressure while sitting)

Vision: R 20/ _____ L 20/ _____ Corrected: Y N Pupils: Equal Unequal

As a minimum requirement, this **Physical Examination Form** must be completed prior to junior high athletic participation and again prior to first and third years of high school athletic participation. It **must** be completed if there are yes answers to specific questions on the student's **MEDICAL HISTORY FORM** on the reverse side. * **Local district policy may require an annual physical exam.**

NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL		
Appearance		
Eyes/Ears/Nose/Throat		
Lymph Nodes		
Heart-Auscultation of the heart in the supine position		
Heart-Auscultation of the heart in the standing position		
Heart-Lower extremity pulses		
Pulses		
Lungs		
Abdomen		
Genitals (males only)		
Skin		
Marfan's stigmata (arachnoidecty, pectus excavatum, joint hypermobility, scoliosis)		
MUSCULOSKELETAL		
Neck		
Back		
Shoulder/Arm		
Elbow/Forearm		
Wrist/Hand		
Hip/Thigh		
Knee		
Leg/Ankle		
Foot		
*Initials-based examination only		
CLEARANCE		
<input type="checkbox"/> Cleared		
<input type="checkbox"/> Cleared after completing evaluation/rehabilitation for: _____		
<input type="checkbox"/> Not cleared for: _____ Reason: _____		
Recommendations: _____		
The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted.		
Name (print/type) _____ Date of Examination: _____		
Address: _____		
Phone Number: _____		
Signature: _____		
Must be completed before a student participates in any practice, before, during or after school, (both in-season and out-of-season) or games/matches.		



CONNECTIVITY



- Important dates and information will be posted on:
 - www.colleyvilleheritageband.com
 - Weekly Newsletters
 - Facebook, Instagram, Twitter
 - Remind
 - Incoming Freshmen - Text **@chhsband27** to 81010
- *FALL CALENDAR IS MOSTLY ADDED TO OUR WEBSITE!*
 - Stay involved and stay informed!!
 - Band does take time – *but anything worthwhile takes time and effort!!!*



THANK YOU! SEE YOU IN MAY!



Superior, Always.